

---

# A male-essential miRNA is key for avian sex chromosome dosage compensation

*Published on Nature on June 26, 2025*

**Xiangchun Pan, January 23, 2026**

# Article information

# nature

Explore content ▾   About the journal ▾   Publish with us ▾

[nature](#) > [articles](#) > [article](#)

Article | [Open access](#) | Published: 16 July 2025

## A male-essential miRNA is key for avian sex chromosome dosage compensation

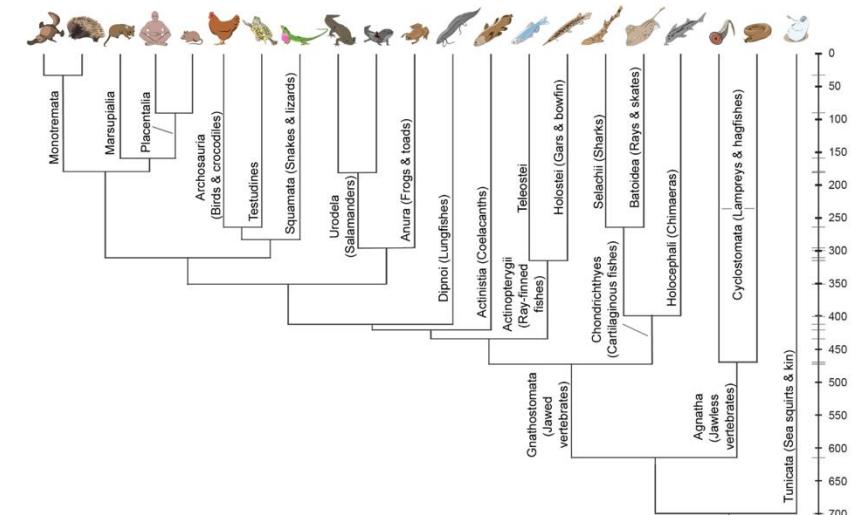
Amir Fallahshahroudi , Sara Yousefi Taemeh, Leticia Rodríguez-Montes, Nils Trost, Dana Frank, Pascal Lafrenz, Jiri Koubek, Guillermo Tellez Jr., Maeve Ballantyne, Alewo Idoko-Akoh, Lorna Taylor, Adrian Sherman, Megan Davey, Cheng Ma, Enrico Sorato, Martin Johnsson, Christina Grozou, Ying Xue, Long Liu, Guenter Kramer, Carl-Johan Rubin, Margarida Cardoso-Moreira, Mike J. McGrew  & Henrik Kaessmann 

[Nature](#) 645, 148–157 (2025) | [Cite this article](#)

41k Accesses | 5 Citations | 149 Altmetric | [Metrics](#)

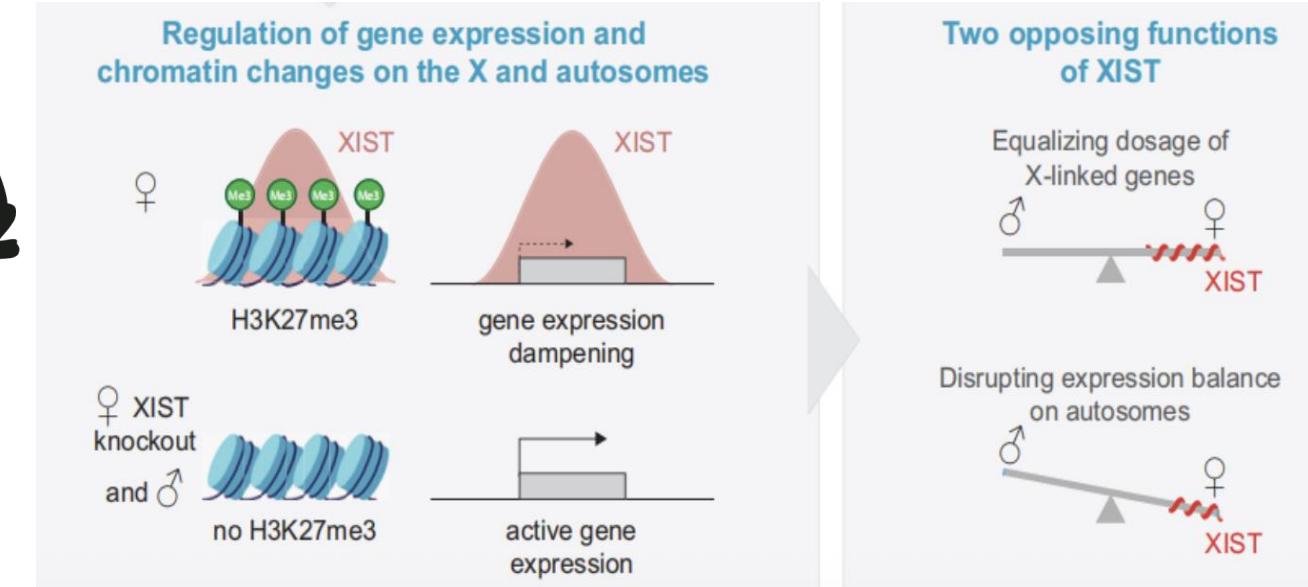
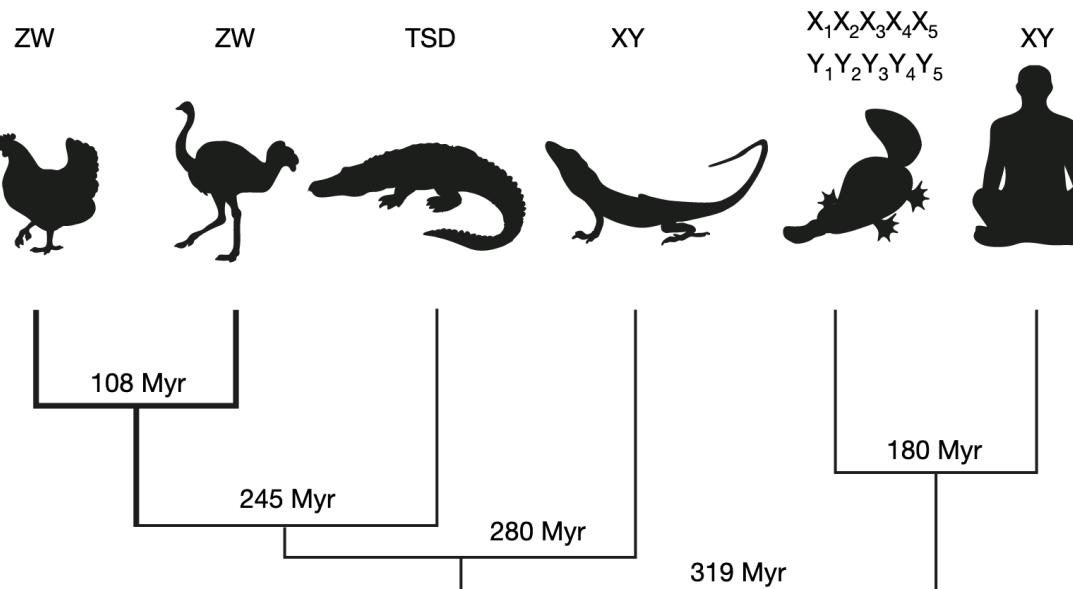


Center for Molecular Biology,  
Heidelberg University, Germany

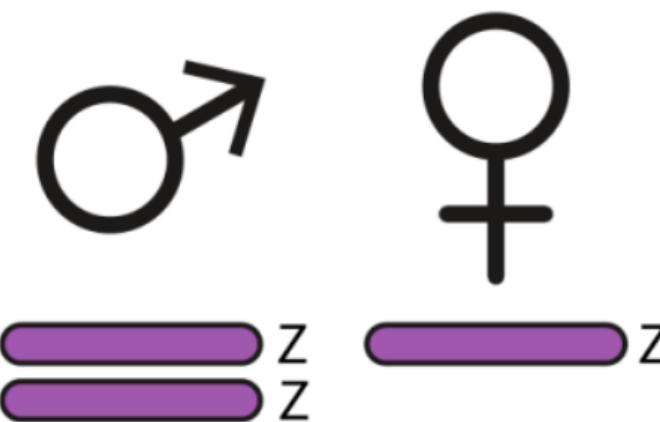


The molecular and cellular origins and evolution of vertebrate organs:  
transcriptional regulation and other genomic changes

# Background



(Cell, 2023)

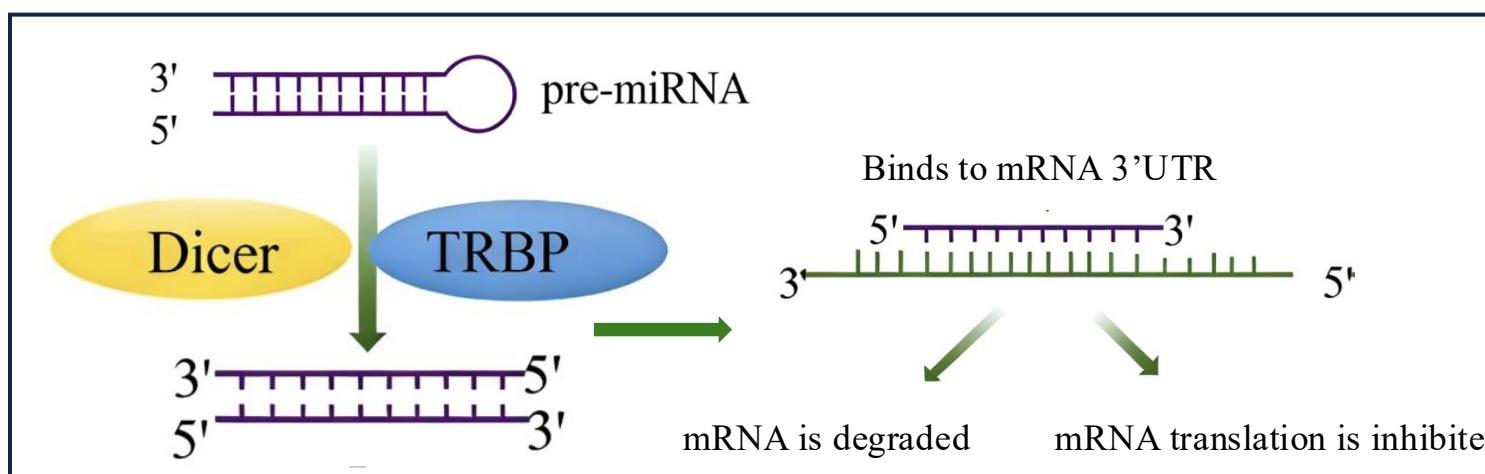
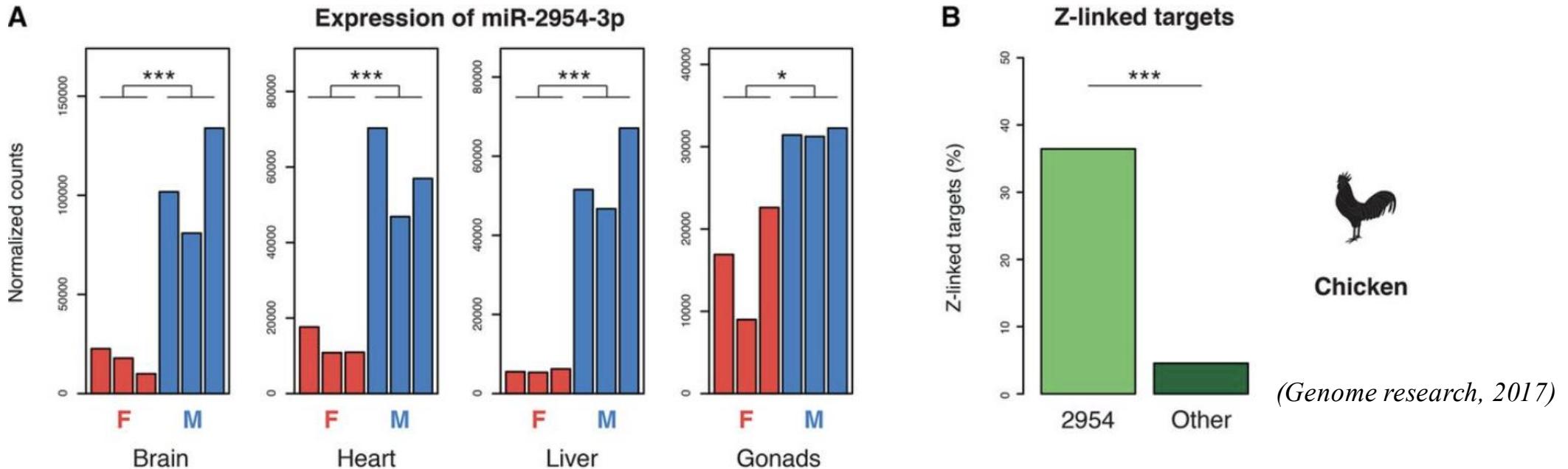


- **Mammals:** XY system, X inactivation in females (XIST)
- **Birds:** ZW system, unknown

**Core problem:** Dosage imbalance

**Key question:** How do birds compensate?

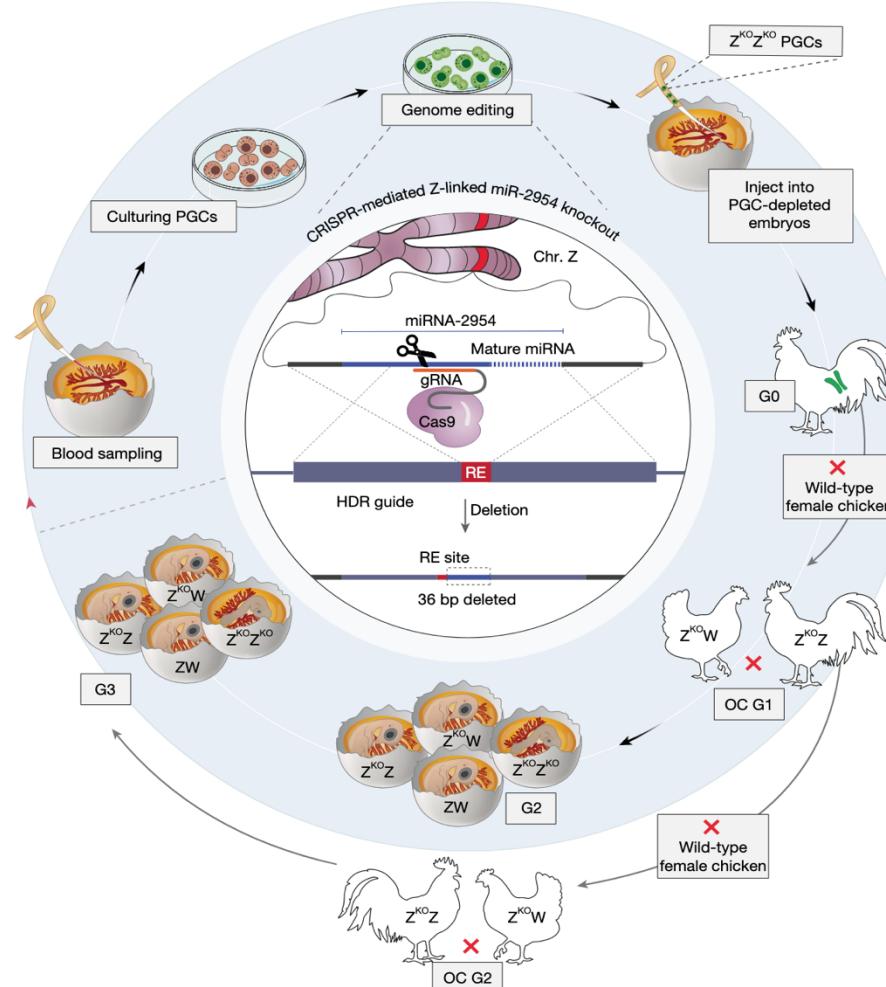
# Background



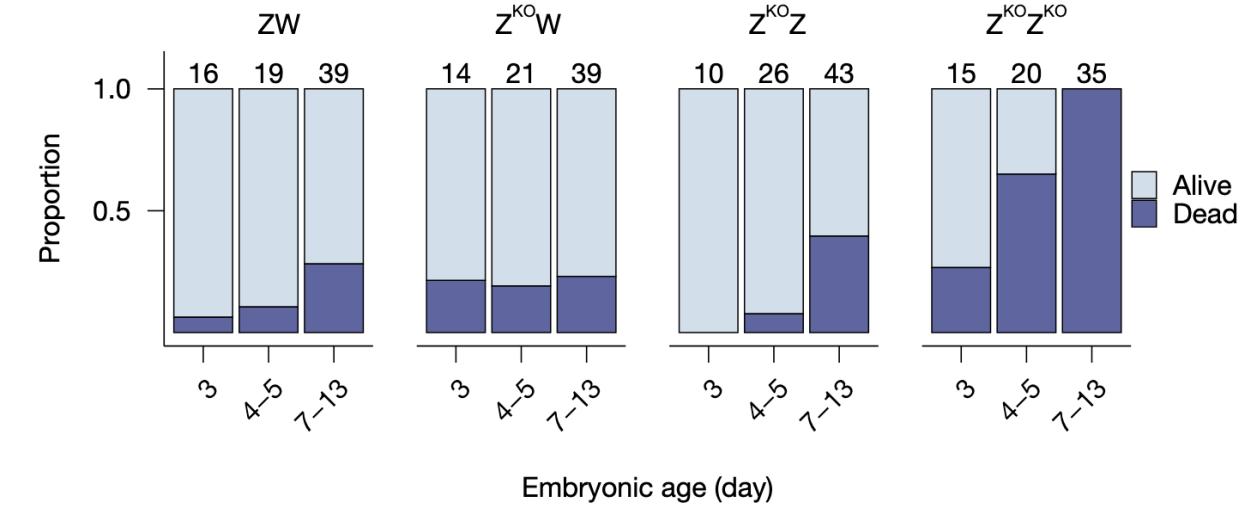
- Previous study:  
Z-linked miRNA with 5-10× male-biased expression;  
Targets enriched for dosage-sensitive Z genes
- Questions:  
miR-2954 functionally essential?  
dosage compensation? Mechanisms?

# Results

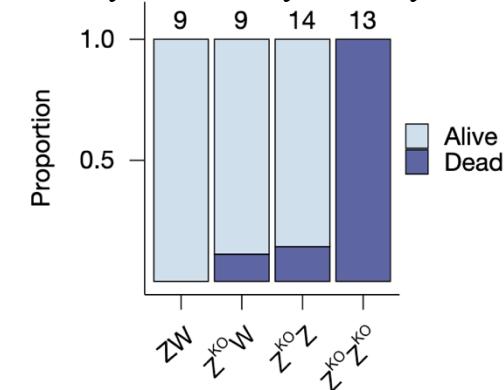
## Generation of miR-2954 chicken KO



36 bp deletion of mature miR-2954 in PGCs (primordial germ cells):  
Multi-generational crossing to get homozygous ( $Z^{KO}Z^{KO}$ ) males



Embryos at embryonic day 14

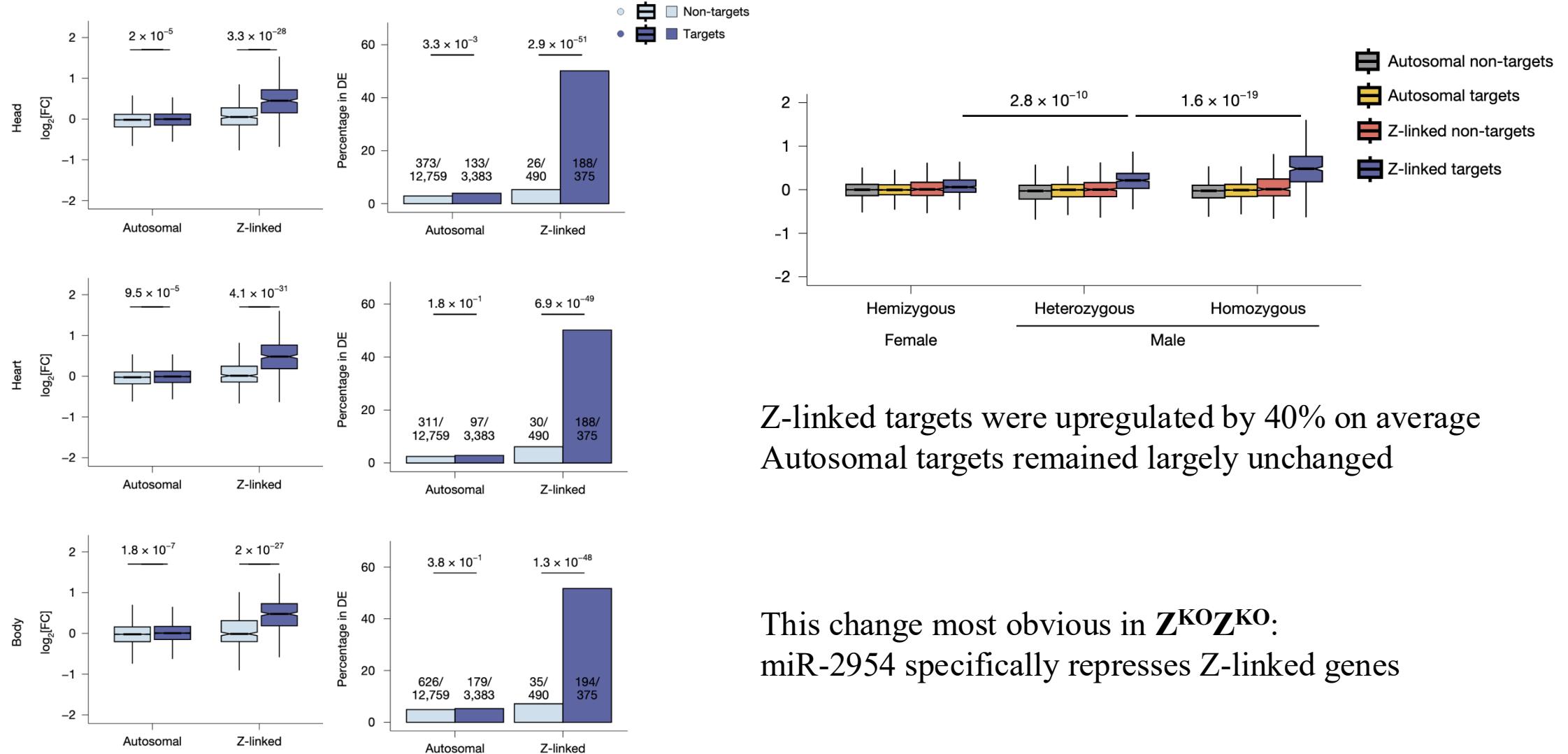


$Z^{KO}Z^{KO}$ : Dead rate reaches 100%!

The survival rates of other genotypes are >79%

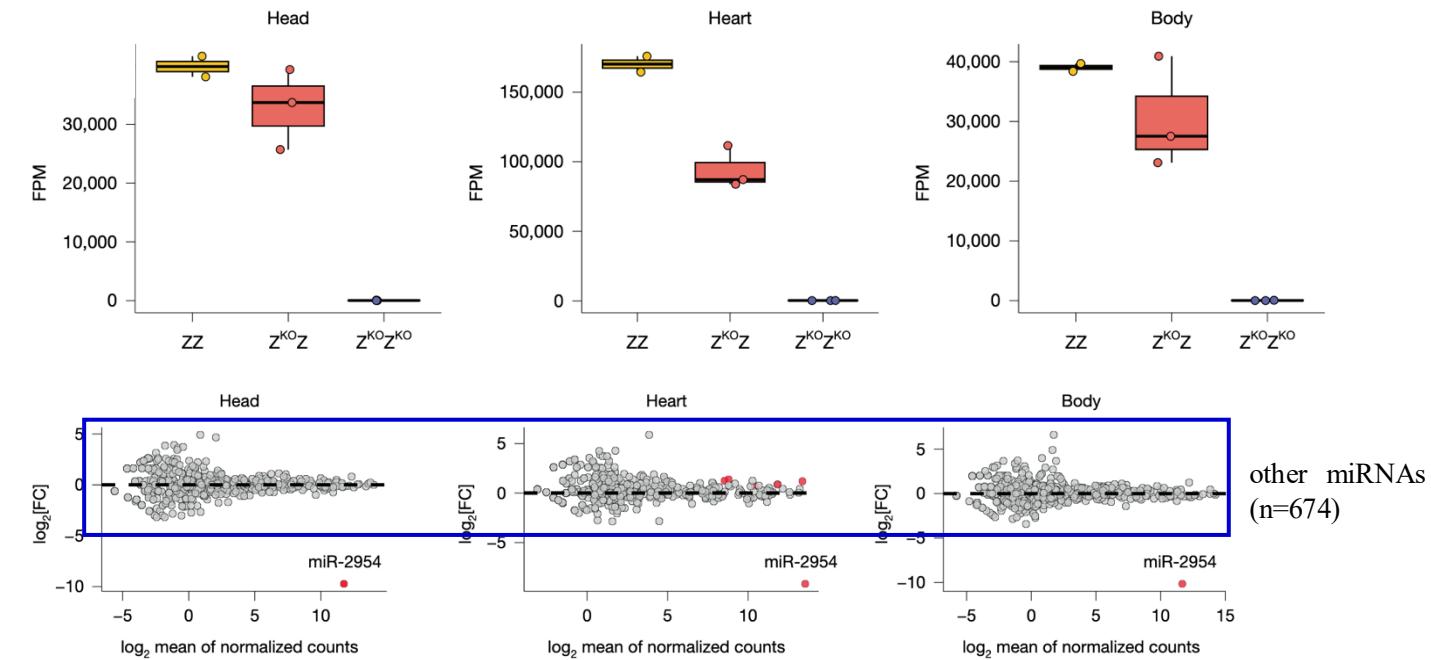
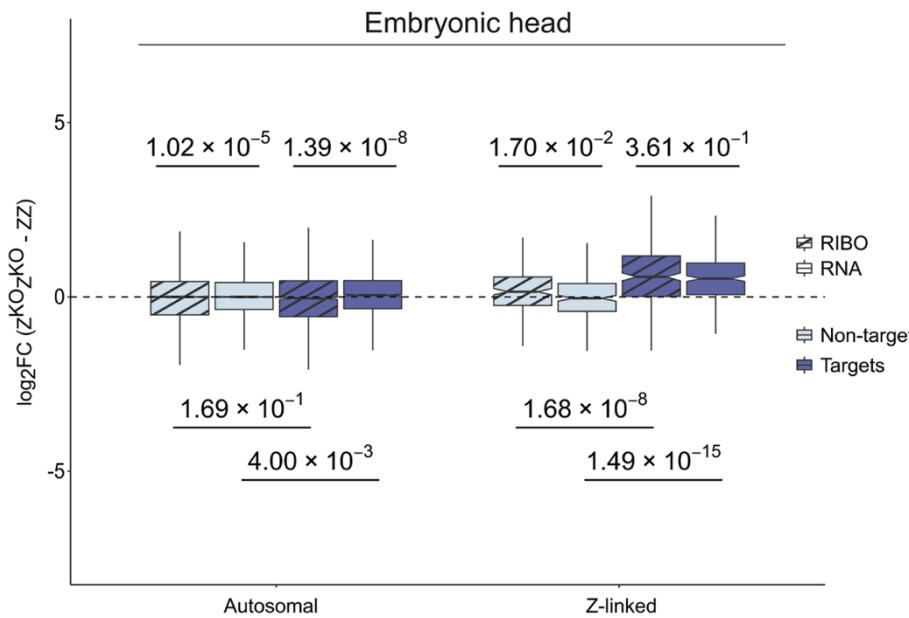
# Results

## $Z^{KO}Z^{KO}$ vs wild-type males—Is this dead specific to Z-linked genes?



# Results

## Translational Upregulation Confirmed—will this upregulation affect protein synthesis?

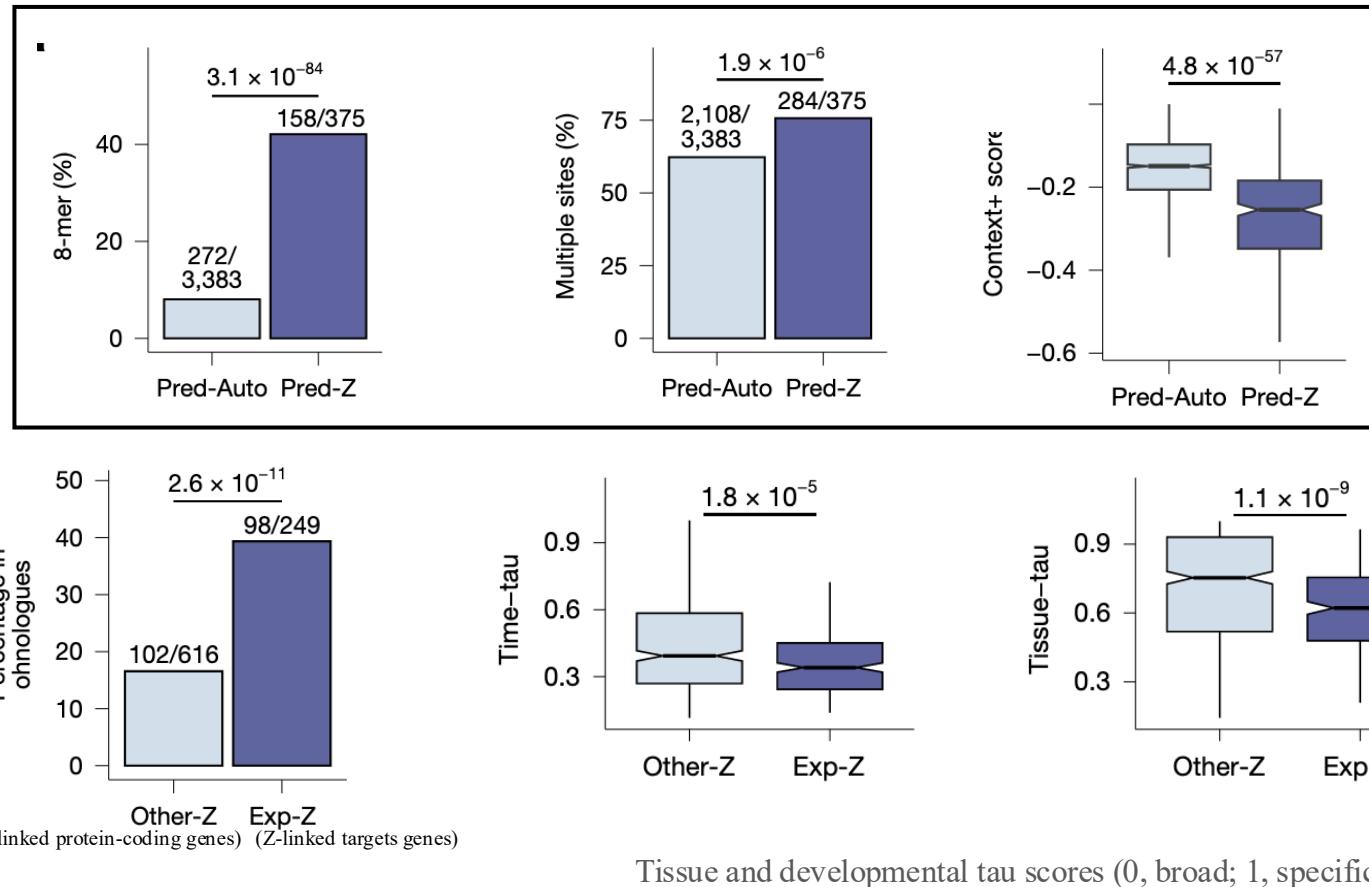


Ribosome profiling (measures protein synthesis rates at high resolution) showed that the upregulation extends to the translational level

Other miRNAs did not change after miR-2954 KO  
miR-2954 directly represses Z-linked transcripts

# Results

## Targeting of Dosage-Sensitive Genes—why does miR-2954 preferentially target Z-linked genes?



Z-linked targets significantly enriched for 8-mer sites/muti-matches VS. autosomal targets

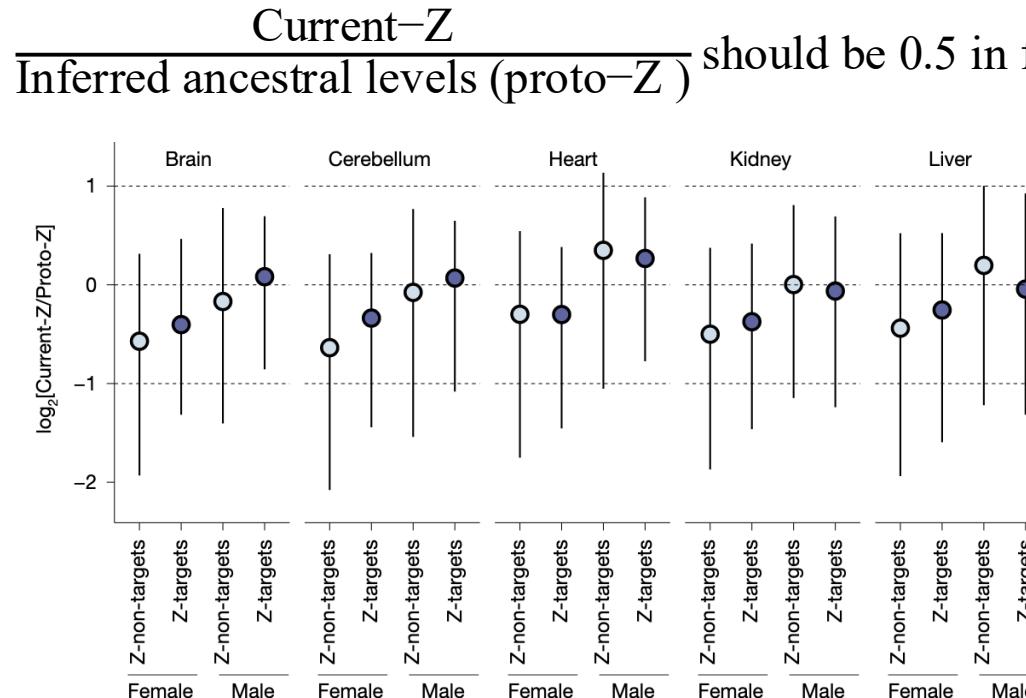
Lower context+ score meaning the more easily it is to be inhibited by miR-2954

Broad expression across tissues and developmental time, indicating essential developmental functions

Ohnologue: Dose-sensitive genes preserved by whole-genome replication of vertebrates

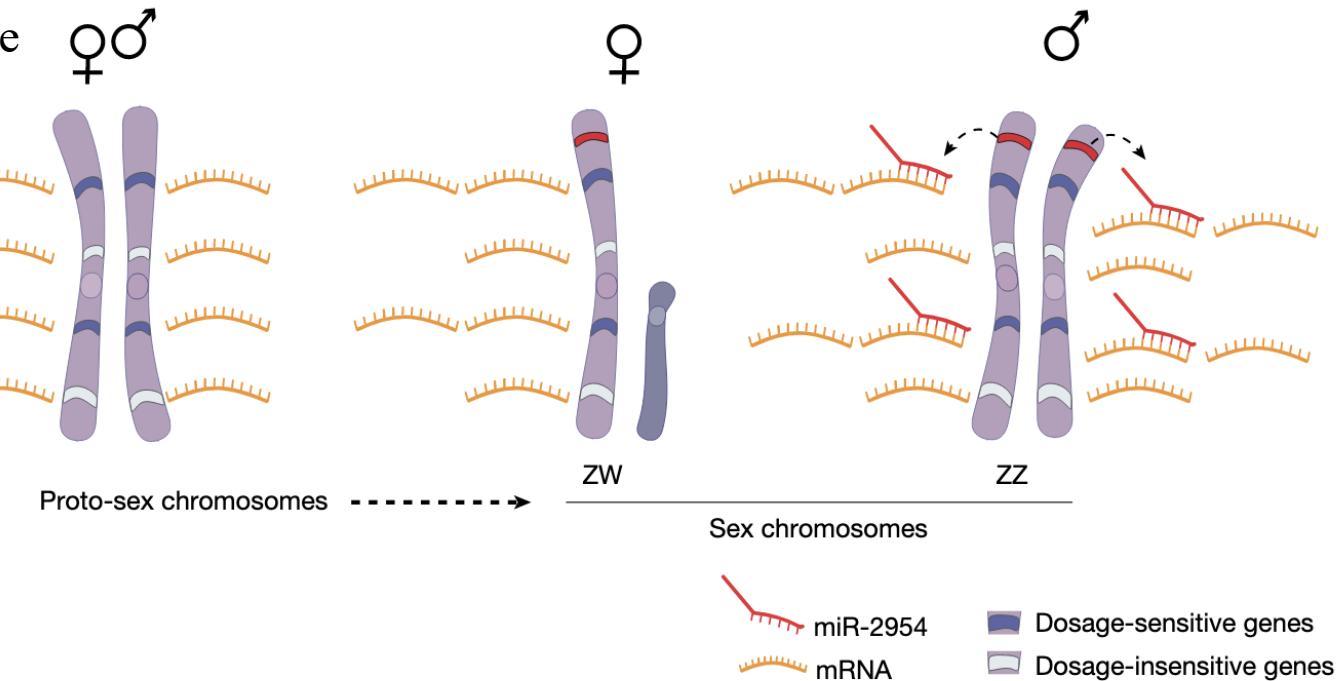
## Results

## Evolutionary Model of Avian Dosage Compensation—Why did birds evolve miRNA?



Female: current-to-ancestral expression ratios exceeding 0.5 ( $\log_2$  ratio greater than -1)

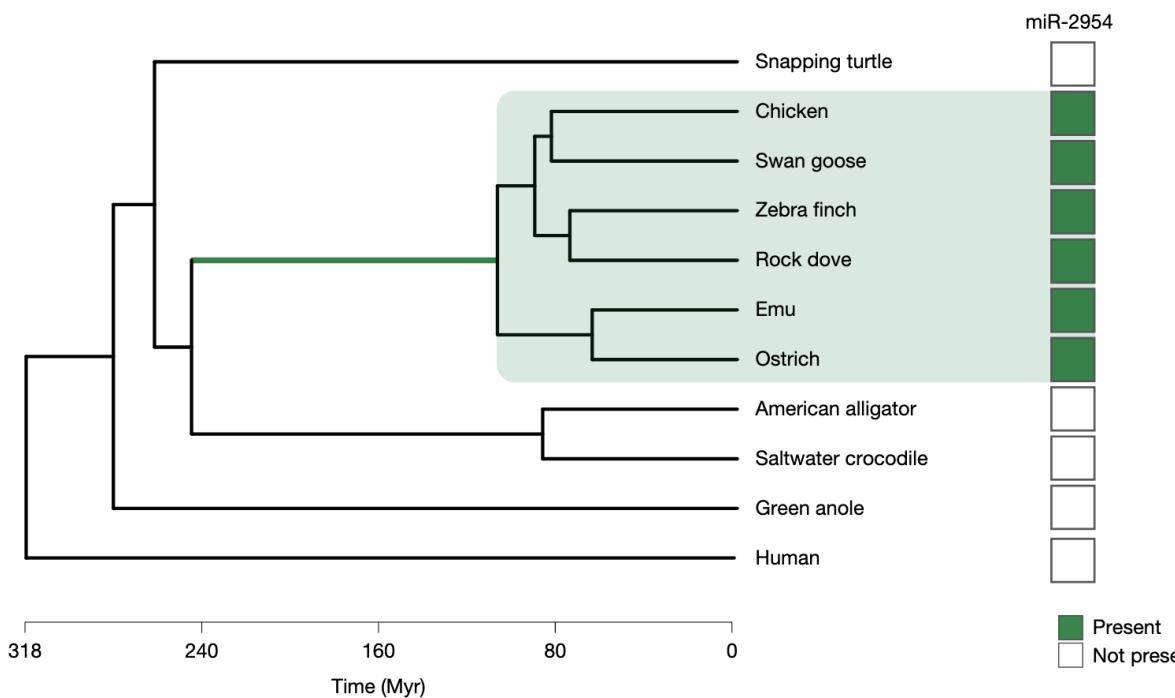
Male: Expression of both targets and non-targets remained close to the ancestral levels ( $\log_2$  ratio  $\approx 0$ )



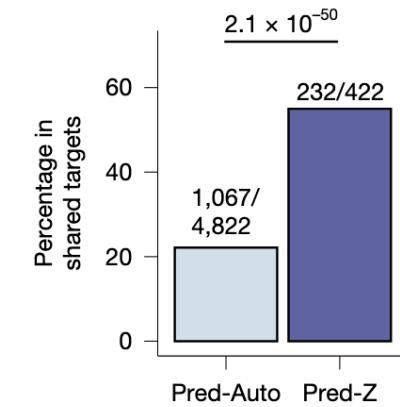
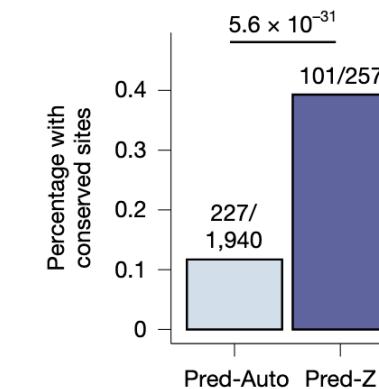
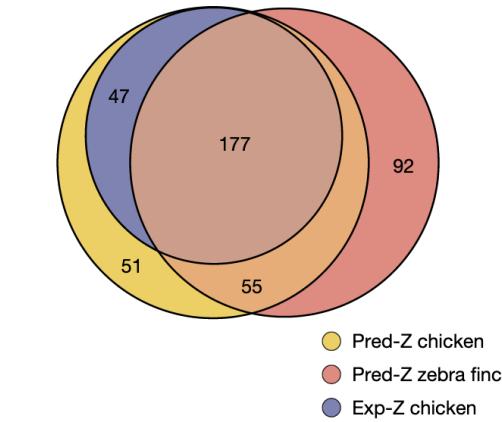
W loss → upregulation of dose-sensitive Z-linked genes in both sexes → male ZZ double dose causes overexpression  
→ evolution of transcriptional degradation mechanism mediated by miR-2954

# Results

## Conservation Across Birds—is this mechanism is conserved?

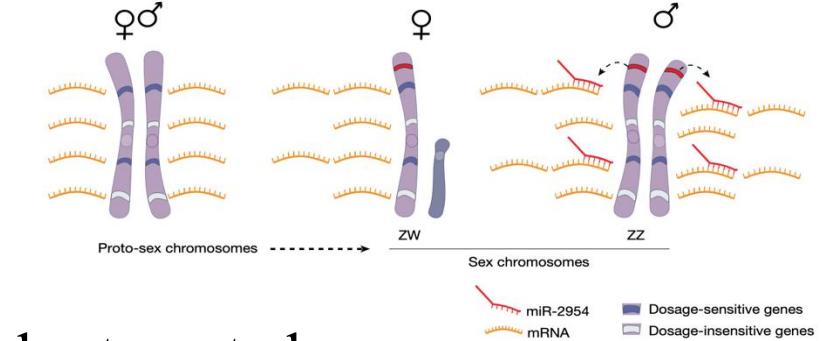
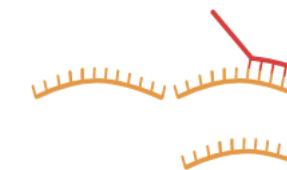
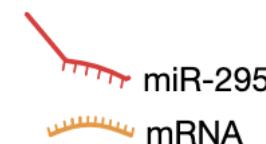
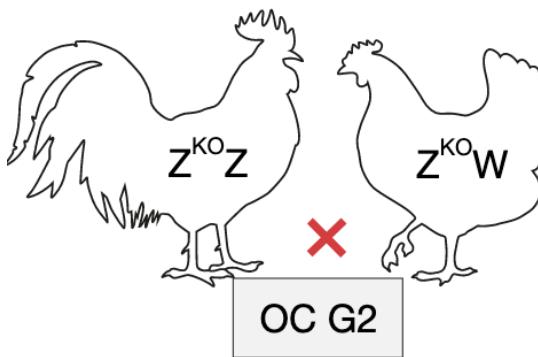


MiR-2954:  
exists in all avian genomes  
absent in all non-bird species



**Conservation in Zebra Finch:**  
78% Z-linked targets conserved  
**Z-specific:** More conserved than  
autosomal targets/binding sites

# Summary



**miR-2954 is essential for male viability** by targeted repression of dosage-sensitive Z-linked genes

⌚ **Evolutionary Model:** Female upregulation → Male overexpression → miR-2954 compensation

🦅 **Avian-Specific Mechanism:** miR-2954 emerged with ZW sex chromosomes, conserved across all birds

rna **RNA-Guided Precision:** MicroRNA-mediated post-transcriptional regulation solves dosage imbalance



# Innovation and limit

- **Innovations:**

- **Functional evidence** that a miRNA can be sex-essential
- **A evolutionary strategy in birds:** Targeted degradation vs. mammalian silencing
- **Solves** the avian dosage compensation mystery

- **Limitations:**

- Phenotype limited to **early embryonic lethality**
- Single **chicken breed**
- Potential **indirect effects** on host gene

**Thanks for your attention!**